

NHSDA RUBRIC

Participation in Grooves Unlimited's Programs

Participation in an X-Treme or Supreme Groovers Program	1 point for every 45 hours of class time
Participation in the Annual Dance Concert	2 points per season
Performance at a Grooves Fall/Spring Festival	0.5 points per performance
Participation in a Hip-Hop or Tap Company	1 point for every 30 hours of rehearsal time
Participation in a Grooves Master Classes	0.5 point per master class
Participation in a Grooves Music Video	0.5 point per video

Participation in Off-site Dance Programs

Participation in off-site dance classes	1 point for every 45 hours of class time
Participation in an off-site dance festival, workshop, or intensive	0.5 point per day

Leadership

TAG Team Member	2 points per season
Designated Assistant for Company	2 points per season
Welcome Buddy	1 point per season

Volunteer and Service Activities

Help homeschool or tutor a younger sibling	1 point for every 10 hours
Deliver food to the elderly in your community	1 point per 5 deliveries
Make lunch or dinner for your family	0.5 point per meal
Volunteer at a Grooves Unlimited Festival or Concert	0.5 point per event

Participation in Additional Dance Activities

Choreographing and recording a 1 -2 minute piece for Youtube, Instagram, or TikTok.	0.5 -1 point per piece
Write an essay/paper on how Grooves Unlimited is making a positive impact on your life.	2 points per paper

REQUIREMENTS

Junior Program: At least 15 points, 10 of which must be earned through participation in chapter site program activities, with a minimum GPA of 3.2 are required for induction.

25 points are needed to graduate with Honors.

Secondary Program: At least 30 points, 20 of which must be earned through participation in chapter site program activities, with a minimum GPA of 3.5 are required for induction.

40 points are needed to graduate with Honors.